Next-Level Perinatal/Neonatal Comfort Care Training

Creating an Interdisciplinary Palliative Care Plan for Each Baby and Their Family
Columbia University, Mailman School of Public Health
722 W. 168th Street, New York, NY 10032
June 19 – 21, 2019

This training is designed for the entire perinatal team: physicians, nurses, nurse practitioners, physician assistants and other allied health professionals practicing in the perinatal arena (obstetric and neonatology) interested in improving the practice of perinatal palliative care, both nationally and internationally.

Training Objectives
1. Become familiar with the essential elements of prenatal and neonatal palliative consult
2. Ability to adequately perform prenatal and neonatal palliative consult
3. Ability to identify families’ needs and apply strategies to successfully achieve support when they have a newborn with a life-limiting or life-threatening condition
4. Ability to identify newborns’ basic needs and apply strategies to successfully achieve a state of comfort for newborns with life-limiting or life-threatening conditions

Accreditation Statement
The Columbia University Vagelos College of Physicians and Surgeons is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA Credit Designation Statement
The Columbia University Vagelos College of Physicians and Surgeons designates this live activity for a maximum of 18.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- June 19th: 6.25 credits
- June 20th: 6.50 credits
- June 21st: 6.00 credits
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Instructor List

Brian Carter, MD
Academic Affiliations: Professor in Medical Humanities at University of Missouri Kansas City School of Medicine; Department of Pediatrics
Hospital Affiliations: Children’s Mercy Hospital in Kansas City

Ruth Downing, BSN, RN
Academic Affiliations: none
Hospital Affiliations: Clinical Nurse at NewYork-Presbyterian Morgan Stanley Children’s Hospital, Department of Obstetrics & Gynecology

Monica Joshi, MS, CCC-SLP
Academic Affiliations: none
Hospital Affiliations: Speech Language Pathologist at NewYork-Presbyterian Morgan Stanley Children’s Hospital, Department of Pediatrics

Frances McCarthy, MS, RNC-NIC, CPLC
Academic Affiliations: Nurse Clinical Coordinator at Columbia University, Department of Pediatrics
Hospital Affiliations: Nurse at NewYork-Presbyterian Morgan Stanley Children’s Hospital; Department of Pediatrics

Elvira Parravicini, MD
Academic Affiliations: Associate Professor of Pediatrics at Columbia University Irving Medical Center
Hospital Affiliations: Neonatologist at NewYork-Presbyterian Morgan Stanley Children’s Hospital; Department of Pediatrics

Solimar Santiago-Warner, LCSW, CPLC
Academic Affiliations: Instructor at Columbia University School of Social Work
Hospital Affiliations: Licensed Social Worker at NewYork-Presbyterian Morgan Stanley Children’s Hospital, Department of Pediatrics

Rochelle Steinwurtzel, PsyD
Academic Affiliations: Instructor in Clinical Psychology at Columbia University, Department of Child & Adolescent Psychiatry
Hospital Affiliations: Clinical Psychologist at NewYork-Presbyterian Morgan Stanley Children’s Hospital, Department of Pediatrics

Maryanne Verzosa, MS, CCLS, CEIM, CLC
Academic Affiliations: none
Hospital Affiliations: Child Life Specialist at NewYork-Presbyterian Morgan Stanley Children’s Hospital, Department of Pediatrics

Emilee Walker-Cornetta, Chaplain, MDiv, BCC
Academic Affiliations: Assistant Professor at the University of Maryland School of Pharmacy, Department of Pharmacy Practice and Science Program
Hospital Affiliations: Chaplain at NewYork-Presbyterian Morgan Stanley Children’s Hospital, Department of Pediatrics

Charlotte Wool, PhD, RN
Academic Affiliations: Associate Professor of Nursing at York College of Pennsylvania
Hospital Affiliations: Pediatric Palliative Care Consultant at Wellspan Health, PA
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Day 1: Wednesday June 19, 2019

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Instructor(s)</th>
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<td>8:30 – 9:00</td>
<td>Check-in and Breakfast</td>
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<tr>
<td>9:00 – 9:15</td>
<td>Welcome and Introduction</td>
<td>Elvira Parravicini, MD</td>
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<tr>
<td>9:15 – 10:30</td>
<td>Session 1: The Perinatal Journey</td>
<td>Elvira Parravicini, MD</td>
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<td>Didactic Lecture</td>
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<td>Case Studies Presentation/Discussion</td>
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<td>10:30 – 10:45</td>
<td>Break / One-on-one Questions</td>
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<td>10:45 – 12:15</td>
<td>Session 2: State of the Science: Quality Imperatives for Prenatal and Intrapartum Interventions</td>
<td>Charlotte Wool, PhD, RN</td>
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<td>Didactic Lecture</td>
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<td>Short Videos: Examination of Quality Indicators</td>
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<td>12:15 – 12:30</td>
<td>Group and One-on-one Questions</td>
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<td>12:30 – 1:30</td>
<td>Lunch</td>
<td>Auditorium Lobby</td>
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<td>1:30 – 3:00</td>
<td>Session 3: Essential Elements of the Prenatal Palliative Consult</td>
<td>Elvira Parravicini, MD</td>
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<td>Didactic Lecture</td>
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<td>Role Play/Simulated Session Practice</td>
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<td>3:00 – 3:15</td>
<td>Break / One-on-one Questions</td>
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<td>3:15 – 4:45</td>
<td>Session 4: Essential Elements of the NICU Palliative Consult</td>
<td>Brian Carter, MD</td>
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<td>Role Play/Simulated Session Practice</td>
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<td>4:45 – 5:00</td>
<td>Day Overview &amp; Questions</td>
<td>Elvira Parravicini, MD</td>
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Day 2: Thursday June 20, 2019

8:30 – 9:00  Breakfast

9:00 – 10:30  Session 1: Garnering the Interdisciplinary Team  
Brian Carter, MD  
• Didactic Lecture  
• Self/Team Assessment Questions: Identify team members and how they plan to work the perinatal journey steps

10:30 – 10:45  Break / One-on-one Questions

10:45 – 12:15  Session 2: System-level and Provider-level Barriers  
Charlotte Wool, PhD, RN  
• Didactic Lecture  
• Self/Team Assessment Questions: Identify barriers within your organization

12:15 – 12:30  Group and One-on-one Questions

12:30 – 1:30  Lunch  
Auditorium Lobby

1:30 – 3:00  Session 3: Evidence-based Palliative Interventions/Quality of Life for Babies  
Elvira Parravicini, MD  
• Didactic Lecture  
• Case Studies Presentation/Discussion

3:00 – 3:15  Break / One-on-one Questions

3:15 – 4:45  Session 4: Evidence-based Interventions Postnatally for Family  
Rochelle Steinwurtzel, PsyD  
• Didactic Lecture  
• Parent Panel (or Video Documentary)

4:45 – 5:00  Day Overview & Questions  
Elvira Parravicini, MD
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Day 3: Friday June 21, 2019

8:30 – 9:00  Breakfast

9:00 – 9:45  Session 1: Nurse Perspective in L&D  Ruth Downing, BSN, RN
            • Didactic Lecture
            • Case Studies Presentation/Discussion

9:45 – 10:00  Break / One-on-one Questions

10:00 – 11:00  Session 2: Nurse Perspective Intrapartum and Postpartum  Frances McCarthy, MS, RNC-NIC, CPLC
                • Didactic Lecture
                • Case Studies Presentation/Discussion

11:00 – 11:15  Break / One-on-one Questions

11:15 – 12:15  Session 3: Supporting Families Along the Journey  Solimar Santiago, LMSW
                • Didactic Lecture
                • Role Play

12:15 – 12:30  Group and One-on-one Questions

12:30 – 1:30  Lunch  11th Floor, Room 1102

1:30 – 2:30  Session 4: Feeding as Comfort  Monica Joshi, MS, CCC-SLP
            • Didactic Lecture
            • Video Documentary

2:30 – 2:45  Break / One-on-one Questions

2:45 – 3:45  Session 5: Memories and Siblings Support  Maryanne Verzosa, MS, CCLS, CEIM, CLC
            • Didactic Lecture
            • Role Play/Demo

3:45 – 4:00  Break / One-on-one Questions

4:00 – 4:30  Session 6: Spiritual Support  Emilee Walker-Cornetta, Chaplain, MDiv, BCC
            • Didactic Lecture

4:30 – 4:45  Training Evaluation

4:45 – 5:00  Training Wrap Up & Questions  Elvira Parravicini, MD