

Climate Change and Human Health Responders ECHO

Course for Health Professionals

SESSION 7: Mental Health

Resources and References

Health of Canadians in a Changing Climate:

<https://changingclimate.ca/health-in-a-changing-climate/>

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<https://doi.org/10.3390/ijerph15091806>

Distressing encounters in the context of climate change: Idioms of distress, determinants, and responses to distress in Tuvalu (Gibson, et.al.):

<https://doi.org/10.1177/1363461519847057>

Coping with Eco-Anxiety: A light in the Darkness (Jan Maskell):

<https://oneplanetbusiness.org/2019/07/12/coping-with-eco-anxiety-a-light-in-the-darkness/>

Climate anxiety: Psychological responses to climate change (Susan Clayton):

<https://doi.org/10.1016/j.janxdis.2020.102263>

Ecological Grief as a Response to Environmental Change: A Mental Health Risk or Functional Response? (Comtesse, et.al.):

<https://doi.org/10.3390/ijerph18020734>

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<https://doi.org/10.3390/ijerph16091583>

HealthADAPT (Government of Canada):

<https://www.canada.ca/en/health-canada/programs/health-adapt.html>

Wellness Together:

<https://www.wellnesstogether.ca/en-CA>

Addressing the Impacts of Climate Change on Mental Health and Well-Being (American Public Health Association - APHA):

<https://www.apha.org/policies-and-advocacy/public-health-policy-statements/policy-database/2020/01/13/addressing-the-impacts-of-climate-change-on-mental-health-and-well-being>

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Water, Drought, Climate Change, and Conflict in Syria (Peter Gleick):
<https://doi.org/10.1175/WCAS-D-13-00059.1>

Long-term mental health of war-refugees: a systematic literature review (Bojic, et.al.):
<https://doi.org/10.1186/s12914-015-0064-9>

The health impacts of climate-related migration (Schwerdtle, et.al.):
<https://doi.org/10.1186/s12916-017-0981-7>

Chronic Environmental Change: Emerging 'Psychoterratic' Syndromes (Glenn Albrecht):
https://doi.org/10.1007/978-1-4419-9742-5_3

Ecological grief as a mental health response to climate change-related loss (Cunsolo & Ellis):
<https://doi.org/10.1038/s41558-018-0092-2>

EARTH EMOTIONS: NEW WORDS FOR A NEW WORLD (2019), BY GLENN ALBRECHT:
<https://www.climatepsychologyalliance.org/explorations/book-reviews/372-garret-barnwell>

Earth Rangers:
<https://www.earthrangers.com/>

Anxious for Action - Channeling Children's Environmental Concerns Into Empowerment (Hayes, et.al.):
<http://earthrangers.com/public/content/wildwire/Anxious-for-Action-Channeling-Childrens-Environmental-Concerns-Into-Empowerment.pdf>

Climate Cafes:
<https://climatecafes.org/>